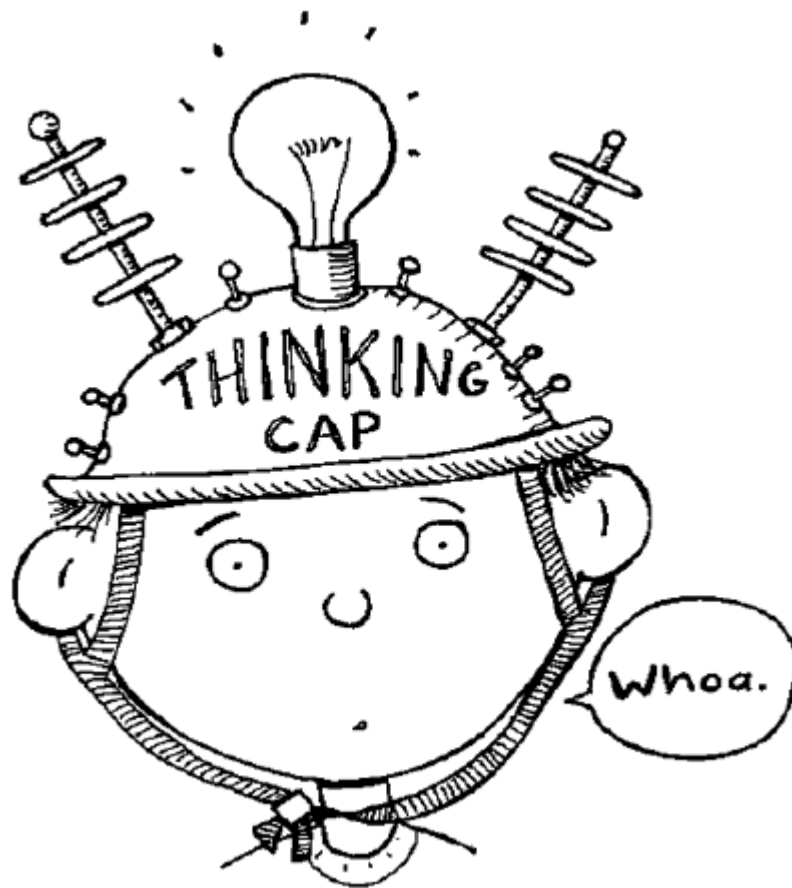


ASTRAL DRIVE JUNIOR HIGH SCHOOL

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WHAT TO EXPECT



in JUNIOR HIGH SCHOOL

SNAPSHOT ©

What to expect in Junior High School

Different Classes – In Junior High, you will change classrooms for each subject. One of the first things you will learn is where all your classes are and how long you have to get there, but it is not hard to do and you will be an “expert” in no time at all. The staff will help you as you learn your way around the building.

Homework – You will probably have more homework in Junior High than you did in elementary. That’s why it is important to be organized and make sure you have plenty of time to get the work done.

Tips for Academic Success:

- ✓ Use different sections of your notebook for each subject. Each section should be labeled with the subject and teacher’s name. This will help keep the information for each class organized and easy to locate.
- ✓ Use an assignment notebook. Take it to each class every day and always write down your assignments and their due dates. Check your notebook when you get home to make sure all of your assignments have been completed.
- ✓ Ask questions! If you don’t understand an assignment, how can you possibly finish it at home by yourself? And usually, if you don’t understand, there are probably other students who feel the same way. You may also email your teachers if you need more info.
- ✓ Plan homework time every day. There will be something for you to finish, study, or look over almost every day, so have a set time in your daily schedule for doing homework.

Here is what you should consider when studying:

- 1) Find a quiet place to work.
- 2) Gather any supplies you need before you start working.
- 3) Ask family members not to disturb you. They can also take messages from your friends if they call while you are working.
- 4) Turn off electronics
- 5) Check your backpack or notebook each night before you go to bed. Make sure you have all your homework assignments and any supplies you might need for the next day.

Responsibility – Because you are in Junior High now, you will need to accept more responsibility in all aspects of your education. If you are absent, it will be up to you to ask your teachers for information and assignments you missed while you were gone. If you need tutoring, it will be up to you to make arrangements with your teacher and parents. It will be up to you to make sure your assignments are turned in on time.

Student Activities

Junior High school offers students the opportunity to participate in a variety of organizations, clubs, and activities. Through these different activities, you have the chance to find new interests, develop talents and build strong friendships.

When you begin choosing activities, it is important to weigh all options and be selective about the choices you make. Achieving a balance between academic demands and extracurricular opportunities will make your middle school years rewarding.

Also, remember that participation in school clubs and organizations is a privilege, not a right. In order to participate, you must:

- ✓ Maintain a passing grade in all subjects
- ✓ Have a good attendance record
- ✓ Have no discipline problems

Assessment

Homework – Each student typically has one hour of homework each night.

Progress Reports – Report cards are distributed three times a year.

Electronic Communication – In addition to progress reports, parents have access to the PowerSchool, an electronic grade book via our school website. Email communication between parents and teachers is encouraged.

Testing

Student Assessment – Test preparation is vital to academic success. It is equally important to prepare for quizzes, unit tests, six weeks' assessments, and semester exams. Students may maximize their potential for academic achievement by employing the following strategies:

- ✓ Take complete and thorough notes
- ✓ Plan adequate time for test review
- ✓ Utilize time and check answers
- ✓ Review notes periodically

Student Services

Counsellors – Counselling services are available for every student at Astral Drive Junior High school. These services include assistance with personal and social concerns (like friends and family), academic concerns, and educational and career planning.

Canteen – Students have a canteen available at lunch time. Students may bring their lunch. Grade 7 students have their own room for lunch.

Restrooms – Student restrooms are available before and after school, between class periods, and at the beginning or end of the lunch period. Try your best to use the restrooms during your free time.

Mobile Phones – Are not permitted during school hours.

Feeling Safe - All students need to take an active role in making their school a safe place where students want to come and learn. If you ever feel threatened, or if you become aware of a situation that may put you or someone else at risk, please tell a teacher, principal, or counsellor immediately.